



THE QURAN
RETREAT



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MADANIYYA
ACADEMY
جامعة مدنيية
Knowledge | purification | propagation

Daily Taraweeh Preparation

PREPARE FOR ZERO MISTAKES


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OBJECTIVES



COURSE CONTENT

PART 1	<ul style="list-style-type: none">• Quran• Hadith• Benefits• Inspirational Quotes on Preparation• Importance of Preparation• Khatams of Pious Predecessors
PART 2	<ul style="list-style-type: none">• Environment• Daur Strength Thermometer• Interferences• Taraweeh struggle• Efficient time management• 10 problems + solutions• Reading qualities
PART 3	<ul style="list-style-type: none">• 3 P's• Formational zone learning• Power of 7• X7 process Levels of process• Mind mapping Examples from Quran• Benefits of process
PART 4	<ul style="list-style-type: none">• Tajweed Navigation (landmarks)• Service station• Hazard Mushabih Perception• 5 areas of quality transfer• Daily preparation• Brookfield's 4 lenses (Taraweeh reflection)

PART 1

- QURAN
- HADITH
- BENEFITS
- INSPIRATIONAL QUOTES ON PREPARATION
- IMPORTANCE OF PREPARATION
- KHATAMS OF PIOUS PREDECESSORS



THE QURAN

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ

The month of Ramaḍān [is that] in which was revealed the Qur'ān, a guidance for the people and clear proofs of guidance and criterion.

2 : 185

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ

We have sent it (the Qur'ān) down in the Night of Qadr.

97 : 1

VIRTUES & BENEFITS

Ramadan

Taqwa, Fasting,
Mercy, Forgiveness,
Salvation

Amal = Fardh = 70F

Qur'an

Jibreel, Prophet,
Daur

Qiyaam, Imaan,
Ihtisaab, Maghfirah

IMPORTANCE OF PREPARATION

SURAH BAQARAH, AYAH 197

Take 'necessary' provisions 'for the journey'—
surely the best provision is righteousness.
And be mindful of Me, O people of reason!

SURAH AL IMRAN, AYAH 133

And hasten towards forgiveness from your Lord
and a Paradise as vast as the heavens and the
earth, prepared for those mindful
'of Allah'.

SURAH MUNAFIQOON, AYAH 10

And donate from what We have provided for
you before death comes to one of you, and you
cry, "My Lord! If only You delayed me for a
short while, I would give in charity and be one
of the righteous."



HADITH ON PREPARATION

Shaddad ibn Aws RA reported: The Prophet ﷺ said, "The wise man is one who holds himself accountable and performs good deeds to **PREPARE** for what comes after death and the foolish person is the one who subdues himself to his temptations and desires and seeks from Allah the fulfilment of his vain desires".
(Tirmidhi)

Anas bin Malik (May Allah be pleased with him) reported: A bedouin came to Messenger of Allah (ﷺ) and said to him, "When will be the Hour (i.e., the Day of Resurrection)?" He (the Prophet (ﷺ)) said, "**What preparation have you made for it?**" He said, "Only the love of Allah and His Messenger." Then Messenger of Allah (ﷺ) said, "You will be with those whom you love."

QURAN KHATAMS OF PIOUS PREDECESSORS

Pious Predecessors	Khatam Routine (During Ramadan)
Hazrat Uthman bin Affan (RA) Hazrat Tamim bin Dari (RA)	a) Khatam in 1 or 2 Rak'ahs b) Khatam everyday
Hazrat Qatadah (RA)	a) Khatam every 7 nights b) Khatam every 3 nights (Ramadan) c) 1 Khatam every night (*last ten nights)
Hazrat Imam Abu Hanifah (RA) Hazrat Imam Shafi (RA)	a) Khatam everyday b) 60 Khatams day and night (*Ramadan)
Hazrat Imam Bukhari (RA)	a) Khatam everyday (*Ramadan) b) Suhoor: Khatam every 3 nights (*Ramadan) c) Salaah: 20 Aayats every Rak'ah until Khatam (*Ramadan)
Shaykhul Hadith Maulana Zakaria (RA)	1 Khatam everyday (*Ramadan)
Shaykhul Hadith Maulana Muslihudeen (RA)	a) 10 Juz everyday b) 25 Juz- Khatam (*Ramadan)
Practice of Other Salafs (Sahabah)	a) Khatam every 2 months b) Khatam every month c) Khatam every 20 days d) Khatam every 8 nights e) Most completed khatam every 7 nights f) Others completed Khatam every 6,5,4,3,2,1 nights

PART 2

- ENVIRONMENT
- DAUR STRENGTH THERMOMETER
- INTERFERENCES
- TARAWEEH STRUGGLE
- EFFICIENT TIME MANAGEMENT
- 10 PROBLEMS + SOLUTIONS
- READING QUALITIES





Month of
Quran



Month of Sabr



Doors of
Jahannam are
Closed



Shayateen
are Chained



Rahmah
(Mercy)

Preparation
Made Easy

Advantage of
Ramadan
Environment
for Quran Preparation

REALITY OF TARAWEEH

Sincerity

100 %
Commitment

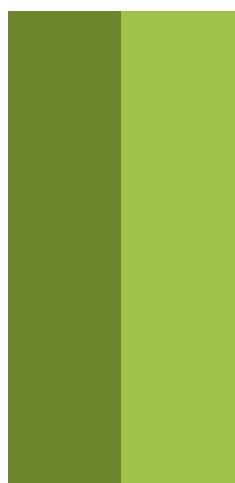
Excellence

=

وَالَّذِينَ جَاهَدُوا فِيْنَا
لَنَهْدِيَنَّهُمْ سُبُلَنَا وَإِنَّ اللَّهَ
لَمَعَ الْمُحْسِنِينَ

**As for those who strive in Our
cause, We shall surely guide them
to Our Ways. Indeed Allah is with
those who do good.**

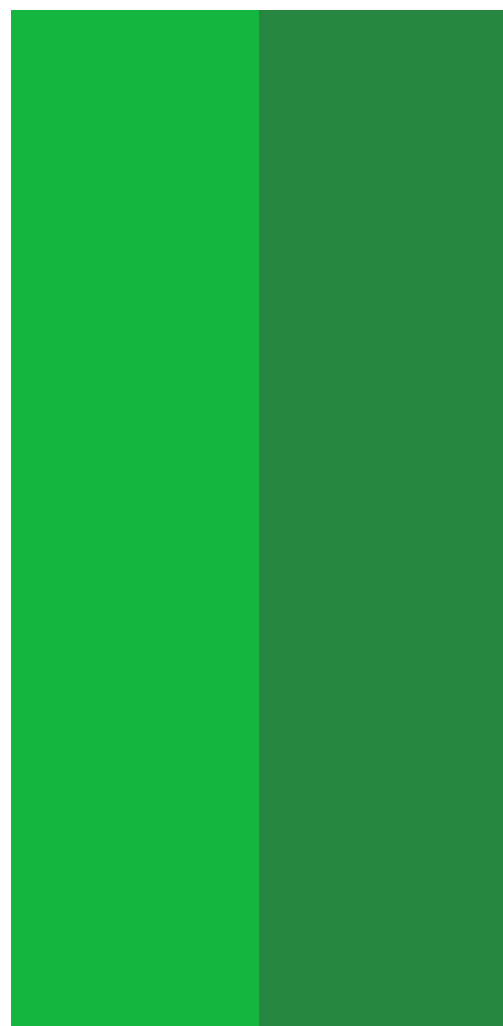
DAUR STRENGTH THERMOMETER



4 Rakaats



10 Rakaats



20 Rakaats

Why is Daur Important?

Abu Musa Al-Ash'ari (may Allah be pleased with him) said: The Prophet (peace be upon him said): "Keep on reciting the Quran, for by Him in Whose hand my life is, the Quran runs away (is forgotten) faster than camels that are released from their lead ropes."

(Bukhari and Muslim)

Khatam on the 29th of Ramadan



1st 10 Days	1-2 1/4	2 1/4- 3 1/2	3 1/2- 4 3/4	4 1/4- 5	6	7	8	9	10	11
2nd 10 Days	12	13	14	15	16	17	18	19	20	21
3rd 10 Days	22	23	24	25	26	27	28	29	30	-

Interference for Preparation in Ramadan:

- Iftar Dawaat
- Family Commitment
- Work
- Internet / Social Media
- Leisure

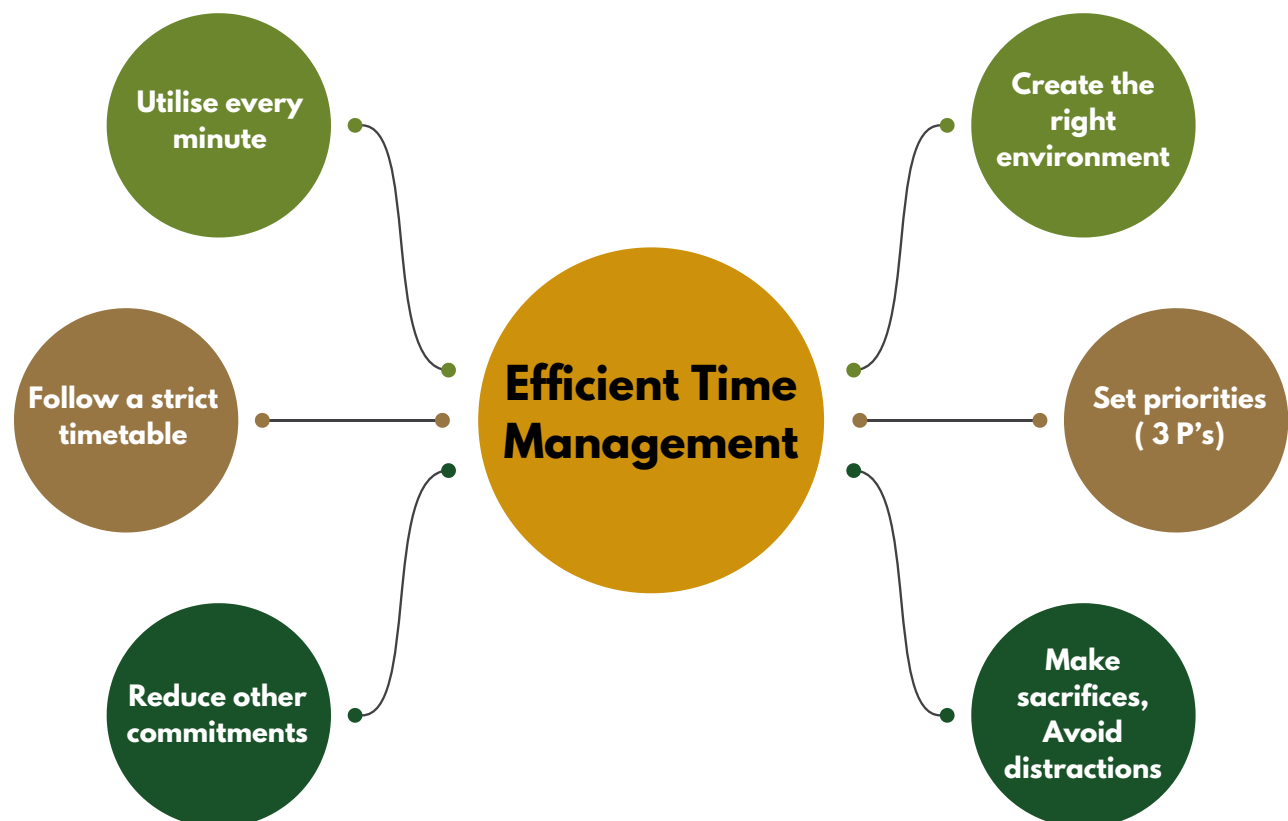
Taraweeh Struggle:

- Due to Weak Revision
- Due to Poor Time Management
- Due to Inexperience in Leading Salah

Good Preparation = Time Management

Take (benefit from) five before (the occurrence of) five:
Your youth before old age; and your health before sickness; and your
wealth before poverty;
and your free time before pre-occupation; and your life before
death." (Mustadrak al-Hakim)

Ibn Umar used to say, "If you survive till the evening, do not expect to be
alive in the morning, and if you survive till the morning, do not expect to
be alive in the evening, and take from your health for your sickness, and
(take) from your life for your death." (Bukhari)



10 Problems and 10 Solutions

Difference Between:

 Daily Normal Quran Daur
  Taraweeh Presentational Performance

Number:	Problems	Solutions
1	Procrastination	Make a strict timetable for preparation.
2	Un-Organised	Mind Mapping (Plan Rukoos & Portions)
3	Weak Daur	Formational Zone Learning + Process x 7
4	Tajweed	Tanzil.net + Mirror Observation
5	Old Mistakes	Read to someone else
6	Long Ayah without Waqf Sign	Create service station for Waqf and Ibtidaa
7	Difficult Ayah or Mutashabihaat	Look at Quran Translation
8	Posture Difficulty	Read Quran in Qiyaam Position
9	Musalla Experience	Read Quran portion in Sunnats
10	Presentational Experience	Mock (Loud) Taraweeh in Awaabeen

5 Excellent Reading Qualities & Using your own Hifz Quran



We have divided the Qur'ān in portions, so that you may recite it to the people gradually, and We have revealed it little by little.

(Translation: Mufti Taqi Usmani)

Surah Israa, Ayah 106



PART 3

- 3 P'S
- FORMATIONAL ZONE
LEARNING
- POWER OF 7
- X7 PROCESS LEVELS
OF PROCESS
- MIND MAPPING
EXAMPLES FROM
QURAN
- BENEFITS OF PROCESS



**SPECTACULAR
PERFORMANCE = 3 P'S**

PLAN

PROCESS

PRACTICE

Plan & Formational Zone Learning

PLAN

**RAKAATS
(UNITS)**

**RUKOOS
(PORTION)**

**FORMATIONAL
ZONE
LEARNING**

FORMATIONAL ZONE LEARNING

1

**DIVIDE THE RUKU OR
PAGE INTO
(COMFORTABLE)
MINI ZONES
DEPENDING ON THE
AMOUNT
(MIND MAPPING)**

2

**LEARN EACH ZONE
USING THE
PRESCRIBED
PROCESS (X7)**

3

**ASSEMBLE ALL THE
ZONES INTO
FORMATIONAL
ORDER AND
CONSOLIDATE IT
THROUGH REVERSE
COMBINATIONAL
CONSTRUCTION**

The Power of 7 & x7 Process Explained

وَلَقَدْ آتَيْنَاكَ سَبْعًا مِّنَ الْمَثَانِي وَالْقُرْآنَ الْعَظِيمَ

NATURE

- 7 LAYERS OF EARTH'S ATMOSPHERE
- 7 LAYERS OF EARTH'S CRUST
- 7 DAYS OF THE WEEK
- 7 CONTINENTS
- 7 COLOURS IN THE RAINBOW
- 7 WONDERS OF THE WORLD
- 7 DIGITS (MEMORY PROCESS, MILLER 1956)

ISLAM

- 7 ROUNDS OF TAWAAF
- 7 ROUNDS OF SAAE
- 7 WORDS OF KALIMAH TAYYIBAH
- 7TH DAY OF AQEEQAH AGE 7: START SALAH MANY DUAS X7 & FARDH RAKAATS = 17
- 7 UNDER THE SHADE OF ALLAH

QURAN

- 7 HEAVENS (2:29)
- 7 EARTHS (66:12)
- 7 SEAS (31:27)
- 7 EARS OF A GRAIN (2:261)
- 7 AAYAHS IN SURAH FATIHA (15:87)
- 7 MANZIL (SAHABA ROUTINE OF REVISING THE QURAN)
- SURAH QADR (97)

x7 PROCESS EXPLAINED

Repetition Number	Implementation	Impact
1	Nazirah (Look inside and read)	Warm up system (Riyadah Bi Fakkhihi)
2	Nazirah (Look inside and read)	Visualisation of words and sequence
3	Nazirah (Look inside and read)	Consolidation and rectify mistakes
4	Tajweed Points of Interest	Evaluate Tajweed (final round)
5	Create Service Station (Waqf/Ibtida)	Organise long Aayah with fixed Ibtidaa
6	50/50 (In and out looking method)	Transferring knowledge into CPU
7	Test (final step without looking)	Data downloaded Alhumdulillah

2 LEVELS OF x7 PROCESS

WEAK

USE X7 PROCESS FOR EACH ZONE
(PART OF RUKU/ PAGE)

STRONG

USE X7 FOR ENTIRE PROCESS
(USE FZL AS BEFORE)

Mind-Mapping (13 Line)



هَذَا الْقُرْآنَ مَهْجُورًا ۝ وَكَذَلِكَ جَعَلْنَا لِكُلِّ نَبِيٍّ
 عَدُوًّا مِنَ الْمُجْرِمِينَ ۝ وَكُلُّ بِرِّكَ هَادِيًا وَنَصِيحًا ۝
 وَقَالَ الَّذِينَ كَفَرُوا لَوْلَا نُزِّلَ عَلَيْهِ الْقُرْآنُ جُمْلَةً
 وَاحِدَةً ۚ كَذَلِكَ ۙ لِنُثَبِّتَ بِهِ فُؤَادَكَ وَرَتَّلْنَاهُ
 تَرْتِيلًا ۝ وَلَا يَأْتُوكَ بَشْرًا إِلَّا جُمْلُكَ بِالْحَقِّ وَاحْسِنِ
 تَفْسِيرًا ۝ الَّذِينَ يُحْشِرُونَ عَلَىٰ وُجُوهِهِمْ إِلَىٰ
 جَهَنَّمَ ۗ أُولَٰئِكَ سُوءُ مَكَالًا وَأَضَلُّ سَبِيلًا ۝ وَلَقَدْ
 آتَيْنَا مُوسَى الْكِتَابَ وَجَعَلْنَا مَعَهُ آخَاهُ هَارُونَ
 وَزَيْرًا ۝ فَخَلْنَا إِذْ هَبْنَا إِلَى الْقَوْمِ الَّذِينَ كَذَّبُوا
 بِآيَاتِنَا فَدَمَّرْنَاهُمْ تَدْمِيرًا ۝ وَقَوْمُ نُوحٍ إِذْ أَنَاذَرْنَا
 الرُّسُلَ أَنْ نَرْفُتَهُمْ وَجَعَلْنَاهُمْ لِنَاسٍ آيَةً ۖ وَاعْتَدْنَا
 لِلظَّالِمِينَ عَذَابًا أَلِيمًا ۝ وَعَادًا وَثَمُودًا وَأَصْحَابَ
 الرَّسِّ وَقُرُونًا بَيْنَ ذَلِكَ كَثِيرًا ۝ وَكُلًّا ضَرَبْنَا لَهُ

وَقَالَ الَّذِينَ لَا يَرْجُونَ لِقَاءَنَا لَوْلَا أُنزِلَ عَلَيْنَا
 الْمَلَكُ أَوْ لَنُرِيَ رَبَّنَا لَقَدِ اسْتَكْبَرُوا فِي أَنفُسِهِمْ
 وَعَتَوْا عُتُوًّا كَبِيرًا ۝ يَوْمَ يَرَوْنَ الْمَلَائِكَةَ لَا بُشْرَىٰ
 يَوْمَئِذٍ لِلْمُجْرِمِينَ وَيَقُولُونَ حِجْرًا مَحْجُورًا ۝
 وَقَدْ مَنَّ اللَّهُ عَلَىٰ مَا عَمِلُوا مِنْ عَمَلٍ فَجَعَلْنَاهُ حَبَاءً
 مَسْنُونًا ۝ أَصْحَابَ الْجَنَّةِ يَوْمَئِذٍ خَيْرٌ مُسْتَقَرًّا
 وَأَحْسَنُ مَقِيلًا ۝ وَيَوْمَ تُشْفَقُ السَّمَاءُ بِالْغَمَامِ وَأَنزِلَ
 الْمَلَكُ تَنْزِيلًا ۝ الْمَلَكُ يَوْمَئِذٍ الْحَقُّ لِلرَّحْمَنِ ۖ وَكَانَ
 يَوْمَئِذٍ عَلَى الْكَافِرِينَ عَسِيرًا ۝ وَيَوْمَ يُعْضِضُ الظَّالِمُ عَلَىٰ
 يَدَيْهِ يَقُولُ لِيَلَيْتَنِي اتَّخَذْتُ مَعَ الرَّسُولِ سَبِيلًا ۝
 يُؤْتِيكَ لِيَلَيْتَنِي لِمَ اتَّخَذْتُ فُلَانًا مَحَلًا ۝ لَقَدْ أَضَلَّتْ
 عَيْنُكَ إِذْ كَرِهْتَ إِذْ جَاءَنِي ۖ وَكَانَ الشَّيْطَانُ لِلنَّاسِ
 خَدُولًا ۝ وَقَالَ الرَّسُولُ يُرَبِّ إِنِّي قَوْمِي اتَّخَذُوا

Mind-Mapping (15 Line)



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

الرَّحْمَنُ الرَّحِيمُ الَّذِي عَلَّمَ الشَّاعِرَ وَمَا تَحْوِيهِ مِنَ الْحَرْبِ قِيمِنِ
الْمَاوِيهَا وَالْقِيَلِ مِنَ الْبَلِي وَالْقَعْرِ الْأَيْبَانِ وَتِيْمَرِ
يُنَادِي بِيَوْمِئِذٍ شَرَّكَاءُ فِي قَالُوا الْاَلْفَ مَا اَوْلَانِ شَهِيدِ ۝۱
وَكُلِّ عَدُوْمٍ مَا كَانُوا يَدْعُونَ مِنْ قَبْلُ وَكَلَّمَا الْقَهْمِ مِنْ
قَبِيضِ ۝۲ لَا تَسْمَعُ الْاِنْسَانُ مِنْ دَعَا الْقَهْمِ وَاِنْ فَتَنَّا كُتُوبًا
فَلْيُؤَسِّ قَهْمًا ۝۳ وَاِنْ اَلْقَيْنَا رِيْمًا فَمَا يَنْبَغِي عَدُوًّا
مَنْتَه لَيَقُولُنَّ هَذَا بَلِي وَاَلْقَيْنَا الشَّاعِرَ قَائِمًا وَاِنْ
رُجِمْتَ اِلَ رَبِّي اِنْ اِي عِنْدَهُ الْاَلْحُسْبَى فَلَئِنْ لَمْ يَنْتَهِ الْاَلْحُسْبَى
كَفَرُوا بِمَا عَمِلُوا وَاَلْقَيْنَا يَفْلَهُمْ مِنْ عَذَابِ حُلِيِّ ۝۴ وَاِلَّا
اَلْعَمَّا عَلَى الْاِنْسَانِ الْاَفْرَصِ وَاَنَا بِجَانِبِهِ وَاذَا مَسَّهُ الْاَلْحُسْبَى
فَدُودًا عَاهُ غَرِيْبِ ۝۵ فَاِنْ اَرَادْتُمْ اِي كَلِمَاتٍ مِنْ جَنَابِ الْاَلْحُسْبَى
لَمْ تَكْفُرْ لَمْ يَهْ مِنْ اَلْحُسْبَى وَاَلْقَيْنَا شَقَائِقَ الْاَلْحُسْبَى ۝۶
سَأَلْتُمُ الْاِنْسَانَ الْاَلْحُسْبَى وَاَلْقَيْنَا الْاَلْحُسْبَى حَتَّى يَنْتَهِي الْاَلْحُسْبَى
اَلْحُسْبَى اَوْلَاهُ وَاَلْقَيْنَا بِرَبِّكَ اَلْحُسْبَى حَتَّى يَنْتَهِي الْاَلْحُسْبَى ۝۷
اَلْحُسْبَى بِرَبِّكَ وَاَلْقَيْنَا رِيْمًا اَلْحُسْبَى حَتَّى يَنْتَهِي الْاَلْحُسْبَى ۝۸

سورة

X7 PROCESS FZL

(weak portion 13 line Quran)



Zone 3	Zone 2	Zone 1
1. Naazrah (warm up)	1. Naazrah (warm up)	1. Naazrah (warm up)
2. Naazrah (Visualize/contemplate)	2. Naazrah (Visualize/contemplate)	2. Naazrah (Visualize/contemplate)
3. Naazrah (Check mistakes)	3. Naazrah (Check mistakes)	3. Naazrah (Check mistakes)
4. Targeted Points of Interest	4. Targeted Points of Interest	4. Targeted Navigation (landmarks)
5. Create Service Stations	5. Create Service Stations	5. Create Service Stations
6. SQI/SO	6. SQI/SO	6. SQI/SO
7. Test	7. Test	7. Test (Now go to zone 2)
8. Join zone 2 with zone 3		8. Join zone 1 with zone 2 (Now go to zone 3)
9. Join all three zones together and do SQI/SO		
10. Test (all three zones together)		

X7 PROCESS FZL

(weak portion 15 line Quran)

	<p>فَمَا وَدَدْنَا مَا خُفِيَ عَلَى الَّذِينَ آمَنُوا مِنْهُ إِذْ كَانُوا مِنَ اللَّهِ يَحْتَضِرُونَ لَوْ كَرِهَ اللَّهُ مُشْرِكِيهِمْ لَسَخَّرْنَا لَهُمْ قُلُوبَهُمْ كُلًّا وَمَنْ يَشَاءُ اللَّهُ يَخْتِمْهَا سَتِ الْبَصِيرُ إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ</p>	<p>لَقَدْ مَنَّ اللَّهُ عَلَى الَّذِينَ آمَنُوا إِذْ أَخْرَجَهُمْ مِنَ ظُلُمَاتٍ إِلَىٰ نُورٍ وَكَرِهَ اللَّهُ مُشْرِكِيهِمْ وَلَقَدْ كَرِهَ اللَّهُ لِيُنزَلَ بَيْنَ يَدَيْهِ غُرَابًا مَّن ذُرِّيَّةِ النَّاسِ فَاتَّخَذُهَا لِلنَّبِيِّ ذِي الْأَلْحَانِ وَمَنْ يَتَّبِعِ الْغُرَابَ يَتَّبِعِ الْبَصِيرَ إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ</p>	<p>إِنَّمَا يُرِيدُ اللَّهُ لِيُذْهِبَ عَنْكُمُ الرِّجْسَ أَجْمَعًا وَيُطَهِّرَ الْبَاطِنَ لِيُخْرِجَ إِلَيْكُمْ صَافِينَ وَإِنَّمَا يُرِيدُ اللَّهُ لِيُذْهِبَ عَنْكُمُ الرِّجْسَ أَجْمَعًا وَيُطَهِّرَ الْبَاطِنَ لِيُخْرِجَ إِلَيْكُمْ صَافِينَ</p>
	Zone 3	Zone 2	Zone 1
1. Nazirah (warm up)	1. Nazirah (warm up)	1. Nazirah (warm up)	1. Nazirah (warm up)
2. Nazirah (visualise/contemplate)	2. Nazirah (visualise/contemplate)	2. Nazirah (visualise/contemplate)	2. Nazirah (visualise/contemplate)
3. Nazirah (Check mistakes)	3. Nazirah (Check mistakes)	3. Nazirah (Check mistakes)	3. Nazirah (Check mistakes)
4. Tajweed Points of Interest	4. Tajweed Points of Interest	4. Tajweed Points of Interest	4. Tajweed Navigation (Landmarks)
5. Create Service Stations	5. Create Service Stations	5. Create Service Stations	5. Create Service Stations
6. 50/50	6. 50/50	6. 50/50	6. 50/50
7. Test	7. Test	7. Test	7. Test (Now go to zone 2)
		8. Join zone 1 with zone 2 (Now go to zone 3)	
8. Join zone 2 with zone 3			
9. Join all three zones together and do 50/50			
10. Test (all three zones together)			

X7 PROCESS FZL

(strong portion)

<p>سُبْحَانَكَ • وَإِلَهُ رَبِّكَ تَعَبَّدْتُ خَيْرًا • أَلَيْسَ عَلَيْكَ قَدِيرٌ • وَكَرَى اللَّهُ لِيهِمْ مِنْ عِقَابِهِمْ • وَمَا تَقْبَلُونَ إِلَّا الْجَهَنَّمَ وَجَاهَ اللَّهِ • وَمَا تَقْبَلُونَ مِنْ كَثْرٍ لَوْ كُنْتُمْ إِذِ الشُّعْرِ وَالْأَشْرَارُ لَا تَقْبَلُونَ • بِالْقُرْآنِ الْبُرْهَانِ أَصْحَابًا يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَسْتَجِيبُوا كَذِبًا فِي الْأَرْضِ أَنْتُمْ يَعْتَبِرُونَ الْجَاهِلِينَ مِنَ الْبُرْهَانِ قَوْمًا يَكْفُرُونَ بِمَا بَدَّاهُمْ • لَا يَسْأَلُونَ النَّاسَ إِلَهًا • وَمَا تَقْبَلُونَ مِنْ كَثْرٍ قَدَى اللَّهُ بِهِ عَذَابٌ</p>	<p>لَيْلَتِ الْجَمْعَةِ فَقَدْ أُوتِيَ خَبْرًا مُنْجِبًا • وَمَا يَدْرَأُو إِلَّا أُولُو الْأَرْحَامِ الْأَقْرَبِ • وَمَا الْمَقْتُلُ مِنَ الْقَتْلِ أَوْ تَارِكٌ مِنَ الْقَتْلِ • إِنَّ تَبْلِيهَا بِعَيْنِهِ • وَمَا يُظَاهِرُونَ مِنَ الْعَصَمِ • إِنَّ تَبْلِيهَا كَمَا تَلْفَسُ قَبِيضًا • وَإِنْ تَلْفَسْنَا وَتَلْتَفَسْنَا الْمَقْرُونَ لَكُمْ عَيْتٌ لَكُمْ • وَيَكْفُرُ عِتْلَكُ مِنَ</p>	<p>يَا أَيُّهَا الَّذِينَ آمَنُوا اعْبُدُوا اللَّهَ مِنْ حَيْثُ مَا كُنْتُمْ • وَمَا الْخُرُوجُ إِلَّا مِنَ الْأَرْضِ • وَلَا تَتَّبِعُوا الْهَيْبَةَ بَيْنَ تَلْفُظَاتِ وَالشُّعْرِ بِأَعْيُنِهِ إِلَّا أَنْ تُخْلَفُوا فِيهِ • وَاعْبُدُوا اللَّهَ كُلَّ حَيْثُ أَنْتُمْ السُّبْحَانَ يَوْمَئِذٍ وَالْمَقْرُونَ وَالْمُرْكَدَ بِالْمَقْدَعَاءِ • وَاللَّهُ يَعْلَمُ قَلْبُورًا بَيْنَهُ وَالْفَلَاحُ • وَاللَّهُ وَاسِعٌ عَرِيضٌ • يَا أَيُّهَا الَّذِينَ آمَنُوا مَنْ يَكْفُرْ</p>
<p>Zone 3</p>	<p>← Zone 2</p>	<p>→ Zone 1</p>
<p>1. Nazirah</p>	<p>1. Nazirah</p>	<p>1. Nazirah</p>
<p>2. Contemplate</p>	<p>2. Contemplate</p>	<p>2. Contemplate</p>
<p>3. 50/50</p>	<p>3. 50/50</p>	<p>3. 50/50</p>
<p>4. Test</p>	<p>4. Test</p>	<p>4. Test (Now go to zone 2)</p>
<p>5. Join zone 2 with zone 3 and test</p>	<p>5. Join zone 1 with zone 2 and test (Now go to zone 3)</p>	
<p>6. Join all three zones together and do 50/50</p>		
<p>7. Test (all three zones together)</p>		

Benefits of x7 Process



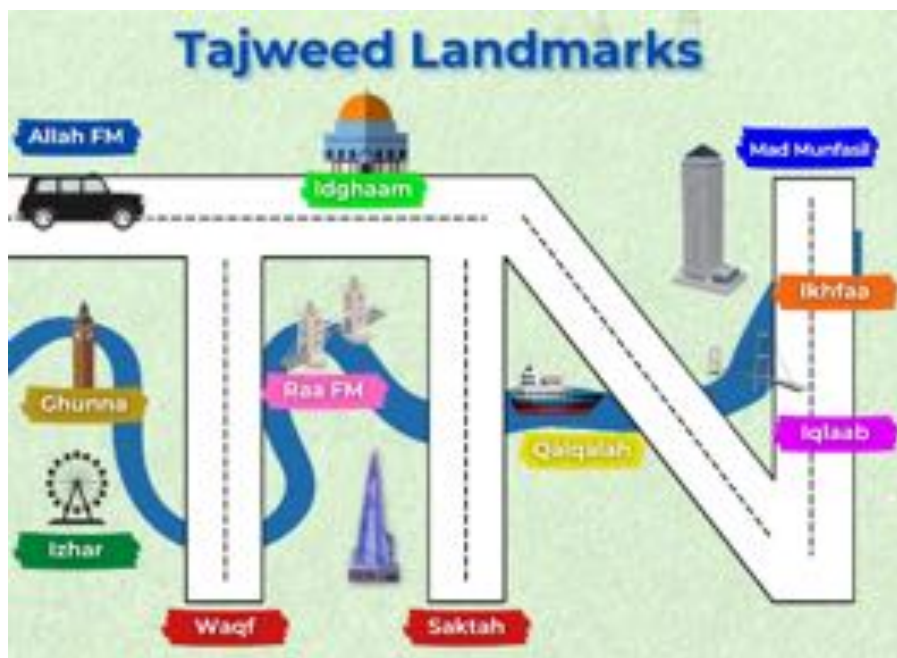
PART 4

- TAJWEED
NAVIGATION
(LANDMARKS)
- SERVICE STATION
- HAZARD MUSHABIH
PERCEPTION
- 5 AREAS OF QUALITY
TRANSFER
- DAILY PREPARATION
- BROOKFIELD'S 4
LENSES (TARAWEEH
REFLECTION)



TAJWEED NAVIGATION (LANDMARKS)

Tajweed Rules: Landmarks and points of interest
Tip: Use the knowledge of Tajweed as landmarks to help you navigate your way easily through the Ruku or page.



He has placed into the earth firm mountains, so it does not shake with you, as well as rivers, and pathways so you may find your way. Also by LANDMARKS and stars do people find their way.

Surah Nahl, Ayah 15-16



SERVICE STATION



Create your own mini service station in between long Aayah.

When using the x7 process, always remember to stop (waqf) and re-start (Ibtidaa) at the same known place each time.

Do not change the marked service station as it will cause interference.



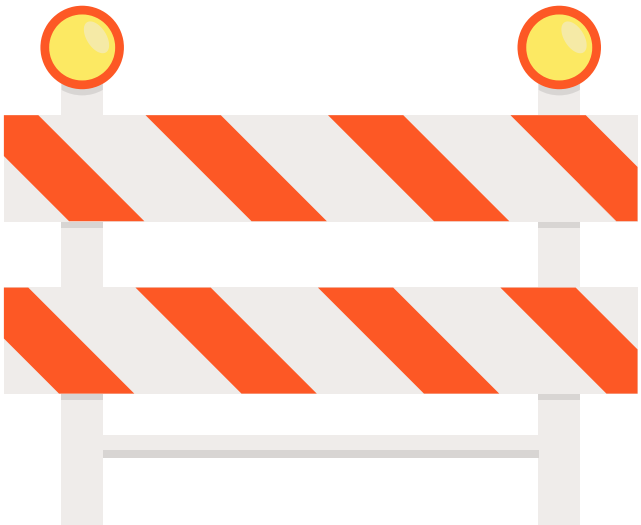
HAZARD MUSHABIH PERCEPTION



What a 'developing hazard' is:
A developing hazard is something that would cause you to take action, like changing speed or direction

فَصَلِّتُمْ عَلَى الْعَالَمِينَ ﴿٢٥﴾ وَاتَّقُوا يَوْمًا لَا تَجْزِي نَفْسٌ
عَنْ نَفْسٍ شَيْئًا وَلَا يُقْبَلُ مِنْهَا شَفَاعَةٌ وَلَا يُؤْخَذُ
مِنْهَا عَدْلٌ وَلَا هُمْ يُنصَرُونَ ﴿٢٦﴾ وَإِذْ بَجَّيْنَكُمْ مِّنْ

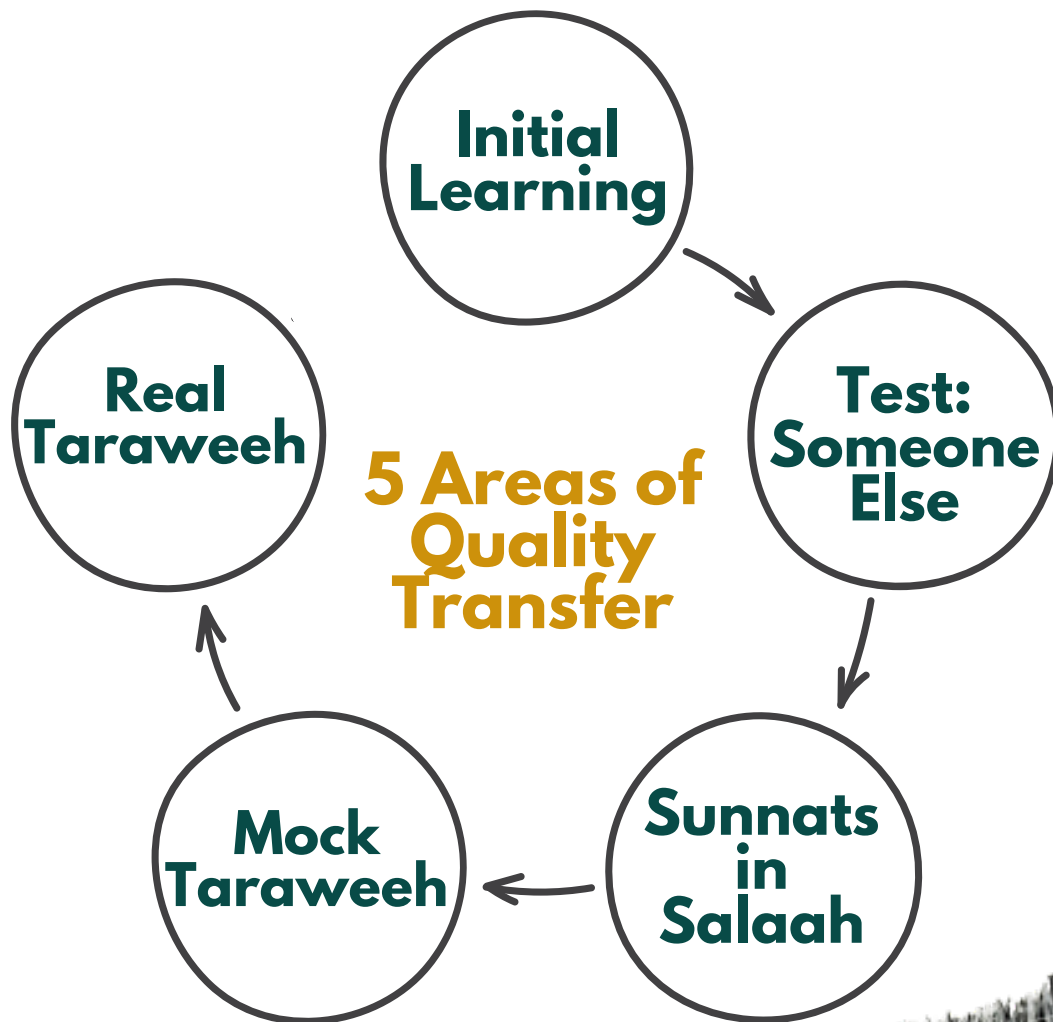
وَاتَّقُوا يَوْمًا لَا تَجْزِي نَفْسٌ عَنْ نَفْسٍ شَيْئًا وَلَا
يُقْبَلُ مِنْهَا عَدْلٌ وَلَا تَنْفَعُهَا شَفَاعَةٌ وَلَا هُمْ
يُنصَرُونَ ﴿٢٧﴾ وَإِذْ ابْتَلَىٰ إِبْرَاهِيمَ رَبُّهُ بِكَلِمَاتٍ



TIPS

1. Keep your mind alert
2. Identify the similar Aayaats in advance
3. Work out the difference

5 Areas of Quality Transfer



DAILY PREPARATION

USE THE FOLLOWING POINTS AND CREATE YOUR OWN DAILY PREPARATION TIMETABLE:

Timetable: create time before Suhoor, after fajr, before and after Zuhr, after Asr and after Magrib

Plan: Mind mapping (Plan the Rukus)

Long Aayah: Create service stations

Initial learning (x7 process + formational zone learning)

Translation: Look at translation if its hard (optional)

Tajweed: Listen to a reciter online

Mirror: Look at the mirror and read in order to gain confidence

Position: Read without looking in Qiyaam position during the day

Sunnah: Read in the Sunnah of every Salaah

Teacher or Partner: Read to someone else (preferably after Asr)

Mock Taraweeh: Read everything after Magrib with Surah Fatiha

BROOKFIELD'S '4 LENSES'

Taraweeh Reflection



THEORETICAL LITERATURE

Online Imams &
Qari's Recitations

OUR AUTOBIOGRAPHY

Self-Rectification
& Reflection

LEARNER'S EYE

Musalli's Feedback

COLLEAGUE'S EXPERIENCE

Taraweeh Partner's
Naseeha

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